



Chappaqua CSD
Winter Athletics
COVID Safety Plan
2020-2021

December 8, 2020

Updated 2/4/2021

Dear CCSD Families of Winter Athletes,

The following guidance document outlines our approach to supporting our athletic program this winter. It is guidance for Chappaqua Central School District athletes, coaches, administrators, and families. Our procedures and protocols are designed to keep us all safe while allowing us to move forward with our sports program.

We have developed protocols and procedures based on guidance outlined by the NYS Department of Health, NYS Department of Education, Section 1, and the New York State Public High School Athletic Association. We have consulted with the District's physician as well as other school districts in our region. And, while this document focuses primarily on the winter program, it will align with how we approach other seasons.

In terms of the teams we are addressing in the immediate term, the winter season includes:

Lower to Moderate Risk Sports

- Boys Swimming and Diving (Varsity)
- Boys and Girls Indoor Track & Field (Varsity)
- Boys and Girls Bowling (Varsity, JV)
- Boys and Girls Skiing (Varsity)

Higher-Risk Sports

- Ice Hockey (Varsity)
- Competition Cheerleading (Varsity)
- Boys Basketball (Freshman, JV, Varsity)
- Girls Basketball (JV, Varsity)
- Wrestling (Varsity)

We look forward to continuing to move forward with our approved athletic programs. I will continue to keep you posted on any necessary updates as information becomes available that may impact the guidelines outlined below. As always, please reach out to me with any questions or concerns.

Sincerely,

Jason Semo
Director of Health, Physical Education and Athletics

2020 - 2021 ATHLETIC SEASON OVERVIEW

Fall Sports Start Date: September 29th - November 20th

- Low & Moderate risk sports
Cross Country, Field Hockey, Boys/Girls Soccer, Girls Tennis
- Higher-Risk sports: Moved to Fall Season II
Cheerleading, Football, Volleyball
- Girls Swimming & Diving- Moved to Fall Season II
Although Girls Swimming has been labeled a low-risk sport, due to limited facility availability throughout the section, Section 1 has moved this to the Fall Season II.

Modified Sports: Cancelled

Winter Sports Start Date: January 4th - February 26th

- Low & Moderate Risk Sports
Swimming & Diving, Indoor T&F, Bowling, Skiing
- Higher-Risk Winter sports: Start Date: Feb. 1, 2021 - March 14, 2021
Wrestling, Basketball, Competition Cheerleading, Ice Hockey

Modified: Cancelled

Fall Sports Season II Start Date: March 8th – April 25th

Cheerleading, Football, Girls Swimming & Diving, Volleyball

- Registration Dates: February 8th
- Details to Follow

Spring Sports: Start Date: April 19th – TBD

Baseball, Boys/Girls Lacrosse, Golf, Boys Tennis, Softball, Track and Field

- Registration Dates: March 19th - April 9th
- Details to Follow

Guidelines for Students, Coaches and Spectators

Temperature Reading Station & Health Screening Questionnaire:

All students and coaches will complete an online athletics screening questionnaire (this is in addition to any school-based screening tool completed by parents prior to 8am) before arriving on campus for practices/games. All students and coaches will report to the screening station when they arrive to campus for a temperature reading. [LINK](#)

Temperature Reading Station & Screening Questionnaire Confirmation Process:

- The Screening Station will be located in the main gym at Horace Greeley High School (for any home practices/functions) and at each individual site location.
 - Each individual that passes through the station will have their temperature checked and the District will confirm that the screening questionnaire was completed (the student-athlete may complete their own questionnaire).
 - Students who failed the morning screening, the athletic screening, **or** who were absent from school for any reason may not participate in athletics that particular day.
 - Remote students will be permitted to participate in practices/games, provided they attended classes remotely that day.

At this time, students who are participating in higher-risk sports must be screened at Greeley (this includes ice-hockey).

The District will have the following available at the District Screening Station:

- Hand sanitizer
- Masks/Face Coverings
- Gloves
- Disinfectant spray
- Large cooler with ice & bags for athletes
- Water (for athletes who forget their personal supply)
- No-touch thermometer(s)
- Sharpie - if labeling is needing

Face Covering Expectations

Face covers are required for all students, parents, coaches, officials, chaperones, timekeepers, trainers, and community members who enter our campus for interscholastic athletics (even when participation is outdoors) and must remain on until they leave campus.

Athletes must wear acceptable face coverings (except when in the pool or engaged in [tumbling, stunting, flying](#) during competition cheerleading), unless players are unable to tolerate a face covering during physical activity.

Chappaqua Central School District Protocols & Expectations:

- If an athlete is unable to tolerate a face covering they must:
 - remove themselves from practice or game by notifying their coach and/or official.
 - move to a designated area as denoted by the coach and discontinue participation until such time that they can wear a face covering again.
- All individuals will provide their own face coverings (the District will have supplies as needed).
- Coaches will schedule face covering breaks and water breaks as well as ensure that student-athletes remain socially distanced when taking said breaks.
- Coaches will ensure compliance with the face covering procedures outlined above.

Additional Student-Athlete Expectations Related to COVID-19

In accordance with NYSDOH guidance, (Interim COVID-19 Guidance for Sports and Recreation) responsible parties must ensure that a distance of at least six feet is maintained between individuals at all times, whether indoor or outdoor, unless safety or the core activity (e.g. practicing, playing) requires a shorter distance.

- Students should tell the coach/athletic trainer immediately when they are not feeling well.
- Students will refrain from hugging, high fives, shaking hands, or fist bumps.
- Students will come to practice ready to play with the appropriate clothing and equipment.
- Students will provide their own personal, labeled, water bottle.
- Students will not share uniforms, towels, apparel and/or personal equipment.

Additional Coaching Expectations Related to COVID-19

- Coaches will begin practices on or after 3:30pm. Students will leave school grounds and return to campus for practices at their designated time.
- Only coaches and volunteers approved by the Board of Education will be permitted at practice and on the sidelines for games.
- Coaches will ensure that meetings and “huddles” are socially distanced.
- Coaches will ensure that warm-up activities are socially distanced.
- Coaches will ensure students place their equipment in socially distant spaces.

Student who have been diagnosed previously with COVID-19

- Students in lower-risk sports who were positive for COVID-19 after their physical for the 2020/21 athletic season must provide a doctor’s note clearing them for activity.
- Students in higher-risk sports (basketball, ice hockey, wrestling, competition cheerleading) must have *Cardiovascular Medical Clearance if diagnosed with Covid-19 previously*.

Spectators attending Home Contests in CCSD Facilities

Spectators are not permitted to attend indoor events at this time.

Please note that additional restrictions may be placed on spectators for events that occur off campus. Spectators will be subject to screening questions and temperature checks similar to that required of athletes.

When possible, the District will live stream events in anticipation of significant restrictions on spectator capacity.

As per [NYSDOH guidance](#) at outdoor winter events, spectators must maintain six feet of physical distance between individuals and/or family/household units at all times and all spectators must wear face coverings when they are on campus (so long as they are over the age of two and medically able to tolerate such covering).

Home Game Procedures:

- Student athletes will not physically interact with each other outside the actual contest (hand slapping, hand shaking, chest bumping, etc.).
- All student athletes on the bench will wear masks at all times. When taking a mask or water break, students must maintain social distance.
- All student athletes, coaches and officials will have their own water bottle.
- No food will be consumed on the sidelines or after the game.

All District personnel chaperoning games, and contest officials, will complete the screening steps outlined above for coaches and students.

Athletic Facilities

Access to the Greeley campus for on-campus outdoor sports will be limited to one entry/exit point. This entry point to all athletic facilities for the winter season will be the hallway outside of the main gym. Off-site details will be provided in the individual plans.

The gym area will be open for restroom use for our student athletes, coaches, and employees.

Locker rooms will be closed to students and not available for storage or changing. In the event a team is traveling for an away game and leaving prior to 4:00pm, the District will identify a waiting area and changing location for students that will be accessed one at a time and equipment storage will be located in the PE classroom.

Equipment/Cleaning

Hand sanitizer and disinfectant will be provided for each team to be used for practices and games. Equipment should be disinfected frequently and, when possible, students should be assigned certain equipment (balls, cones, ladders, etc.) to use for the entire practice.

Coaches should develop and enforce a daily cleaning schedule and routine for their athletes' personal equipment.

Transportation

As per CCSD Re-entry Plan 2020-2021 we will strive to socially distance our students when traveling by bus. For those that choose not to have their child on the bus and prefer to drive their child to the game, this form must be completed and returned prior to the contest. ([Transportation Forms](#)).

Procedures for Traveling to Competitions or Games

- Students will be required to wear a mask at all times.
- Student screening and temperature checks will be completed prior to the boarding process.
- Teams will follow all policies and guidelines set by CCSD.

Please note that students should be prepared for host schools not to have locker rooms available for use.

Athletic Trainers - Student Access

The Athletic Trainers will follow all the guidelines set forth by New York State, the New York State Department of Health, Section One and the Chappaqua Central School District.

Athletic Trainers will be located at the screening station and students are expected to remain socially distant while waiting to be seen.

Students will not be permitted to congregate in the training room area.

Athletic Trainers may wear enhanced PPE while interacting with student athletes to address injuries and provide necessary interventions.

CCSD Student/Staff Protocol - COVID 19 Symptoms

- If a student or staff member exhibits symptoms of COVID-19 during practice or a game they will be isolated from the team.
Symptoms include: Fever above 100F (37.8C) • Chills • Cough • Fatigue • Shortness of breath • Difficulty breathing • Muscle or body aches • Sore throat • New loss of taste or smell • Headache • Congestion or runny nose • Nausea or vomiting • Diarrhea
- The team will be removed from the area and the location will be disinfected (if applicable).
- The coach will notify the parents and they will be required to pick up the athlete immediately (*senior/juniors exhibiting symptoms may not drive home on their own accord*). In the event a coach is exhibiting symptoms, they will be immediately sent home.
- The coach will notify the Athletic Director who will notify the Superintendent, building principal, and school nurse.

- The student will be prohibited by the building principal and the Athletic Director from attending onsite school/practice until they receive medical clearance which will include a negative COVID-19 test.

Should a student-athlete or coach from a visiting team begin to exhibit Covid-19 symptoms, they will be immediately removed from others and monitored in an isolation area by their school representative until a parent or guardian arrives to pick them up (or they will be sent home if they are an adult).

Return to Play/Coaching: Symptomatic or COVID-19 Positive Test

The District will follow the same process for athletes/coaches to return to play as outlined in the [NYSDOH guidance document](#) for students/staff.

Higher-Risk Sports Additional Guidance **Basketball, Competition Cheer, Ice Hockey, Wrestling**

REVISED: [Feb. 3, 2021 - Westchester Commissioner of Health - Guidance Document](#)

Major language adjustment: *For the majority of student athletes, the physical which he/she obtained in accordance with NYS guidance will suffice. However, any athlete who has had COVID-19 subsequent to that physical must have an in-person medical evaluation and clearance by a doctor prior to participation in scholastic athletics.*

ORIGINAL: [Feb. 2, 2021 - Westchester Commissioner of Health - Guidance Document](#)

To fully understand the risks associated with COVID-19 as related to athletic participation, families must carefully read [HEALTH RISK COMMUNICATION FROM WCDOH](#) and sign a higher-risk sports [athletic participation waiver](#).

Students who wish to participate in higher-risk sports must agree to the following stipulations outlined in a specific [Code of Conduct](#) authored by the Westchester Department of Health:

- Participate in **daily assessments and self-assessments of COVID-19** exposure and symptoms
- Follow all social distancing guidelines, including the **wearing of masks/appropriate face coverings**
- **Not participate in [social gatherings](#), parties or other activities** which are known to increase the potential spread of COVID-19
- **Submit to COVID-19 testing any time it is required and abide by any and all County health department isolation or quarantine orders** as directed by school or health care providers
 - 1 member of the team testing positive for COVID-19 = 10 day quarantine from date of exposure for the **entire** team
- Not participate if **athlete feels ill or has any COVID-19 symptoms** (athlete must be cleared by a healthcare professional to return to athletics)

If a student violates any of the agreements outlined in the Code of Conduct, they will be temporarily removed from the team pending an investigation by the Athletic Director/School Administration.

COVID-19 Testing - [Abbott BinaxNOW COVID](#)

In an effort to support the safe participation of our student-athletes in sports which have been identified as “Higher-Risk” we will be implementing regular COVID-19 testing of our student-athletes who are participating in basketball, competition cheerleading, ice hockey and wrestling.

No student-athlete will be permitted to participate in a higher-risk sport unless they are (1) tested by the District with the BinaxNOW, or (2) if they produce COVID-19 testing results from a lab on or after the District’s assigned weekly testing date (students waiting for test results from an outside provider will not be permitted to participate until their results are confirmed by an administrator).

After our initial screening on February 4, 2021, student-athletes who are members of a higher-risk team (basketball, ice hockey, wrestling, or competition cheerleading) will be tested weekly on Wednesday afternoons from 11-3pm. Links for future testing dates will be sent out on SportsYou and will also be available on the Athletic Website.

Please contact Jason Semo if you are having difficulty transporting your child to the Covid-19 testing location on Wednesday afternoon.

Additional Resources: [Consent for Testing](#) & [CCSD Testing Procedures](#)

Sport Specific Guidance

In addition to following our COVID Plans, many of our winter teams that compete off-campus will be required to comply with site-specific guidelines as outlined below.

Boys Swimming and Diving

SUNY PURCHASE

735 Anderson Hill Rd, Purchase, NY 10577

Facility Screening Process & General Procedures

- All students and coaches will complete the District approved screening form before entering SUNY Purchase facilities.
- The coach will verify the screener was completed and conduct a temperature check for each athlete.
- Athletes should not arrive more than 10 minutes prior to their designated time.
- Athletes must leave immediately following their scheduled practice/meet.

Social Distancing Procedures on the Pool Deck

- Athletes will be expected to maintain social distancing while on the pool deck.
- The pool deck will be marked to assist in 6' social distancing.
- The pool deck will be marked with 6'x6' grids designated for social distance space for athletes to place personal belongings and avoid gatherings.

Locker Rooms: Not available.

Masks: Required at all times (except when in the pool or on a diving platform).

Spectators: Not permitted as per SUNY Purchase Policy

Bowling

Cortland Lanes

2192 Crompond Rd, Cortlandt, NY 10567

Facility Screening Process & General Procedures

- All students and coaches will complete the District approved screening form before entering the Bowling Alley.
- The coach will verify the screener was completed and conduct a temperature check for each athlete.
- Athletes should not arrive more than 10 minutes prior to their designated time.
- Athletes must leave immediately following their scheduled practice/match.

Social Distancing Procedures at Bowling Alley

- Athletes will be expected to maintain social distancing at all times.
- The seating areas will be marked to assist in 6' social distancing.
- Coach will designate areas for athletes to place personal belongings.

Masks: Required at all times.

Spectators: Not permitted as per Cortland Lanes Policy.

Skiing

Thunder Ridge Ski Area

137 Birch Hill Rd, Patterson, NY 12563

Facility Screening Process & General Procedures

- All students and coaches will complete the District approved screening form before entering the ski area.
- The coach will verify the screener was completed and conduct a temperature check for each athlete.
- Athletes should not arrive more than 10 minutes prior to their designated time.
- Athletes must leave immediately following their scheduled practice/race.

Social Distancing on the Mountain

- Athletes will be required to wear a mask on the lift and may only ride the lift with members of our team.
- Athletes will be expected to maintain social distancing while at the ski facility.
- Coach will designate a space for athletes to place personal belongings and avoid gatherings.

Ski Lodge & Locker Rooms: Not available.

Masks: Required at all times.

Spectators: Outside spectating only as per Thunder Ridge Policies.

Indoor Track & Field

Local School "Outdoor" Facilities

Facility Screening Process & General Procedures

- All students and coaches will complete the District approved health screening.
- The coach will verify the screener was completed and conduct a temperature check for each athlete.
- Events and number of entries will be limited to reduce the length of contests.
- All athletes are expected to maintain social distancing.
- Athletes must leave immediately following the team's scheduled practice/race.

Locker Rooms: Not available

Bathrooms: Identified by host school

Masks: Required at all times

Spectators: Not permitted at this time

Boys and Girls Basketball

CCSD and Opponent Facilities

Facility Screening Process & General Procedures

- All students and coaches will complete the District approved health screening at Horace Greeley High School and have temperature checks conducted.
- The coach will verify that the screener was completed and verify the temperature check.
- Athletes must leave immediately following the team's scheduled practice/game.

Locker Rooms: Not available

Bathrooms: Identified by facility

Masks: Required at all times

Spectators: Not permitted

Wrestling

CCSD and Opponent Facilities

Facility Screening Process & General Procedures

- All students and coaches will complete the District approved health screening at Horace Greeley High School and have temperature checks conducted.
- The coach will verify that the screener was completed and verify the temperature check.
- Athletes must leave immediately following the team's scheduled practice/game.

Locker Rooms: Not available

Bathrooms: Athletic Center and Opponent Facility

Masks: Worn at all times. Students will wear [non-cloth face coverings](#) while students are competing against each other in contests and practice.

Spectators: Not permitted

Competition Cheerleading

Chappaqua Central School District

Facility Screening Process & General Procedures

- All students and coaches will complete the District approved health screening at Horace Greeley High School and have temperature checks conducted.
- The coach will verify that the screener was completed and verify the temperature check.
- Athletes must leave immediately following the team's scheduled practice/game.

Locker Rooms: Not available

Bathrooms: Athletic Center

Masks: Required at all times except when students are [tumbling, stunting, flying](#).

Spectators: Not permitted

Ice Hockey

Brewster Ice Arena

Facility Screening Process & General Procedures

- All students and coaches will complete the District approved health screening at Horace Greeley High School and have temperature checks conducted.
- The coach will verify that the screener was completed and verify the temperature check.
- Athletes must leave immediately following the team's scheduled practice/game.

Locker Rooms: Not available

Bathrooms: Identified by facility

Masks: Required at all times

Spectators: Not permitted

GENERAL REFERENCES

[Department of Health Interim Guidance for Sports and Recreation](#)

[CCSD COVID-19 Opening Information Website](#)

[CCSD Continuity of Learning Plan](#)

[American Academy of Pediatrics](#)