



CHAPPAQUA CONTINUING EDUCATION

I would like to take this opportunity to introduce myself. My name is Francine Colandreo Flamino and I am the new Director of the Chappaqua Continuing Education program (CCE). I have been a resident of the Chappaqua community for over 20 years and have spent many of those years volunteering for the Chappaqua School Foundation and the Horace Greeley Scholarship Fund. I am deeply committed to our community and over the years have personally enjoyed many of the classes offered by CCE.

For over 40 years, CCE, through the Chappaqua Central School District, has provided enriching courses for residents (18 years or older) of Chappaqua and the surrounding communities.

This fall is all about experiencing new classes, exploring hobbies and interests, and reconnecting with your community and friends!

We are happy to announce that CCE has an exciting line-up for the fall. Our program will be a hybrid of in-person classes, which will meet at Horace Greeley High School (unless otherwise noted), and online classes via Zoom, which can be taken from the comfort of your home! We have added many new and interesting classes to the fall schedule while continuing many of the favorites from years past.

The CCE program will continue to put safety first during the COVID-19 pandemic. CCE students who choose to participate in a class that meets in-person will need to follow safety procedures, which may include wearing face masks in our school buildings, social distancing, hand-cleaning, completing a daily symptom self-check and having your temperature taken upon entering our buildings. Please note that the Chappaqua Central School District may need to move all classes to Zoom due to COVID-19 at any point during the program.

We are committed to an enriched experience for all and look forward to adding many new and diverse classes in the future!

I am extremely excited about this new opportunity and personally look forward to hearing from you. Please feel free to email me at FrColandreo@chappaquaschools.org with any questions or comments.

We look forward to seeing you in class!

Francine Colandreo Flamino
Director, Chappaqua Continuing Education

HOW TO REGISTER

Register online at www.chappaquaschools.org/cce or by mail by completing the form on page 20 of this catalog. To ensure enrollment, register early because most classes have limited enrollment. To help ensure that a class will run, please register in advance. If there is insufficient enrollment before the start of a class, it will be cancelled.

REFUND POLICY

Refunds are made **ONLY WHEN A CLASS IS CANCELLED OR FILLED**. The student assumes the responsibility for any changes due to business or personal affairs. It is possible to transfer to another class if there is an opening. A full refund will be issued if your course is cancelled due to low enrollment or if filled. There are no refunds or credits once a course begins. Students assume full responsibility for choosing the appropriate course level. Please contact the office before you register if you have a question about the level or the material.

To cancel a registration, contact the office at least **5 FULL BUSINESS DAYS** prior to the class start date. Students will receive a full refund, less a \$10 processing fee. No credit will be given for missed classes or if you are unable to attend a rescheduled make-up class. There are no refunds or credits once a course begins.

LOCATION OF CLASSES

Fall 2021 Continuing Education classes will be a hybrid of virtual or in person. In person classes will meet at Horace Greeley High School (HGHS), 70 Roaring Brook Road in Chappaqua, unless otherwise noted. Online classes will be conducted on Zoom, links will be emailed to participants prior to the start of the class.

CALENDAR

Continuing Ed classes will not be held on school holidays or when schools are closed due to inclement weather. Closings are announced on local radio stations or call 238-7201, ext. 2318.

Classes WILL NOT be held:

Monday: October 11

Wednesday: November 24

Thursday: November 11 and November 25

CHAPPAQUA SENIOR CITIZENS

Chappaqua Central School District residents who are sixty or older can enroll in a class at a reduced rate, if marked accordingly. If no Chappaqua Senior rate is listed, the class is not reduced. To obtain the reduced rate, Chappaqua Seniors must register in advance and provide a senior number upon registration. To obtain a number, seniors must present proof of address and age to the District's Business Office by calling 238-7200 ext. 1007 or ext. 1008, or by emailing MaMarchionno@chappaquaschools.org.

RESIDENTS OF OTHER DISTRICTS & AGE REQUIREMENTS

Any interested person 18 or older is welcome. Students under 18 may register for college test prep.

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Have a class to teach? Visit www.chappaquaschools.org/TeachCCE

ART AND ART APPRECIATION

-- A ZOOM meeting link will be emailed at a later date for online classes --

ALL ABOUT ATCs (Artist Trading Cards) with Katie Goldberg

Learn all about this fun and unique way of creating and sharing your art. You'll learn how to construct and create an ATC, and how to trade with other artists internationally. A variety of materials can be used, such as paint, paper collage, tapes, and markers. All levels of art experience are welcome.

Monday • September 20 • 7-8pm • \$20 • Online

BOTANICAL ART: WATERCOLOR SKILLS with Linda Cerrone

In the world of Botanical Art, the use of watercolor is a very popular medium. Artists use the attributes of watercolor to show the incredible range of subject's nature provides us. Watercolor can create luminous colors, precise detail, a variety of textures, warm glowing light, and rich shadows. In this session you will learn important watercolor skills that will help you take your artistic abilities further. Techniques that will be explored are glazing, washes, layering, color theory, color mixing, creating texture, water as a tool, and more. Basic artistic skills are a must for this class. If you can draw simple flowers, fruits or leaves or have taken any of the Botanical Art classes offered at CCE, you are ready for this next step! Classes are presented in a fun and non-judgmental manner. Each class we will explore a skill and then put it to use. Supply list will be emailed prior to the beginning of class.

8 Tuesdays • September 21 to November 9 • 7-9pm • HGHS, Art 1 • \$175

FROM SARGENT TO ROCKWELL: Realistic Art Movements of the Early 20th Century with Sue Altman

This course examines the developments in art in America following the artistic revolutions in Europe in the late 19th century such as French Impressionism and German Expressionism. Each session will examine a different 20th-century movement; American Impressionism, the Ashcan School, Regionalism, Social Realism, the Harlem Renaissance, and the Bay Area Artists. Some of the artists we will discuss are painters John Singer Sargent, Edward Hopper, Grant Wood, and Jacob Lawrence and photographers Dorothea Lange and Jacob Riis.

6 Tuesdays • November 9 to December 14 • 6:30-8pm • HGHS, L-215 • \$125

GREAT MUSEUMS OF THE WORLD with Sue Altman

This course explores some of the most famous and treasure filled museums in the world including the unparalleled collection of the Louvre, the Dutch Golden Age at The Rijksmuseum, the Renaissance masters at the Uffizi Gallery, and the cultural landmarks at the British Museum. Also, the Prado and of course, the Met.

6 Tuesdays • September 28 to November 2 • 6:30-8pm • HGHS, L-215 • \$125

LINE AND WASH: AUTUMN INSPIRATION with Linda Cerrone

Line and wash is art made with ink pens and watercolor washes. Artists use this medium for field study, nature journaling, architectural drawing, landscapes, plein-air, still lifes, portraits, archeological studies and more! It is easy to pick up and can be enjoyed by artists from beginner to more advanced. With only a small journal and a few travel-sized art supplies you can create wonderful finished pieces. This session we will focus on Autumn subjects, where to find them and how to mix all those wonderful colors of the season. Classes are presented in a relaxed and non-judgmental atmosphere, and in each 90-minute class we will cover an essential skill and then put it to practice. Supply list will be emailed before the start of the session.

8 Thursdays • September 30 to December 2 (no class 11/11, 11/25) • 7-8:30pm
Online • \$160

MIXED MEDIA MADNESS with Katie Goldberg

Each week, from a short list of supplies like paint, paper, and glue, you will discover fun new ways of creating exciting imagery. Over the 6 weeks, you will develop your creations through a variety of layers and techniques. Collage, color magic, and texture building will be just some of the fun skills you'll build. Learn how to use these techniques for a final project on a board or book.

6 Mondays • September 27 to November 8 (no class 10/11) • 7-8pm • Online • \$120

ART ~ VIRTUAL TOURS

-- All classes will meet online --

-- A ZOOM meeting link will be emailed at a later date --

THE GILDED AGE's "TERMINAL CITY": Midtown East from Grand Central to Bryant Park with Ginny Poleman



Take a virtual stroll through Midtown East with tour guide Ginny Poleman, as she brings you back to the turn of the 20th century when Grand Central was considered way up town; Park Avenue was still called 4th Avenue; and the Croton Reservoir stood in the place of the NY Public Library. This neighborhood is rich with beautiful architecture developed during the nation's City Beautiful Movement, resplendent with Beaux Arts, Neoclassical, and later, Art Deco design representing NYC's iconic aesthetic.

Thursday • October 14 • 7-8pm • Online • \$20

THE GILDED MANSIONS OF MUSEUM MILE: 5th Avenue from the Frick Collection to Cooper Hewitt with Ginny Poleman



Join Ginny Poleman on a virtual walk up Manhattan's Fifth Avenue as she shares photos and tells stories about the homes and their owners--people like Henry Clay Frick, Andrew Carnegie, Joseph Pulitzer, and other wealthy New Yorkers who spared no expense on these magnificent homes that still stand today. Learn about the Beaux Arts architectural style that defined the era and the aesthetic of New York during the City Beautiful Movement, and the architects that designed them, names like Stanford White, Whitney Warren, and the team of Carrère & Hastings. This presentation will give you a glimpse into the life of one of New York's most prestigious avenues during the Gilded Age.

Thursday • October 28 • 7-8pm • Online • \$20

THE EMPIRE STATE BUILDING: The World's Most Famous Building with Ginny Poleman



It's no longer the tallest in the world but the Empire State Building held the record for forty years--from 1931 to 1971--and is the ancestor to all super-tall skyscrapers today. But there's more to it than height. Learn what came before the ESB, how the building was erected in record time during the height of the Great Depression, and the race to be the tallest. Hear fun facts and interesting stories behind New York's most recognizable building.

Thursday • November 18 • 7-8pm • Online • \$20

A VIRTUAL WALKING TOUR OF THE HIGH LINE AND CHELSEA with Ginny Poleman



What do The Night Before Christmas, Oreos, and cowboys in New York City have in common? Learn that and much more as you take this virtual walk through the history of Chelsea and the High Line. Join Ginny Poleman as she shares the stories of this revitalized area of restaurants, high-end shops, art galleries and mid-19th century brownstones.

Thursday • December 9 • 7-8pm • Online • \$20

THE GIZA PLATEAU: More Than Just Pyramids with Marisa Horowitz-Jaffe 

Step into a time when pyramids were being built along the Nile River and papyrus was plentiful along the marshes. This program focuses on the vast amount of archaeological remains found on the Giza plateau which goes far beyond the famous pyramids. Explore inside the Great Pyramid, discover workmen villages and ships buried beneath the sand, and the true story behind the Great Sphinx. We'll learn who built the pyramids, what sort of lives they had, and understand why the ancient Egyptians undertook such a monumental civic building project. Part one of a four-part ancient culture series.

Monday • September 20 • 7-8pm • Online • \$20

VIRTUAL CRUISE DOWN THE NILE RIVER with Marisa Horowitz-Jaffe 

Take a tour down the Nile River from the comfort of your home! Our river cruise begins in the Delta Valley with a stop at the Great Pyramids and the new Grand Egyptian Museum. Then, we make our way down the Nile River with our first stop at the Temple Complex of Karnak, one of the most famous Ancient Egyptian sites. We continue south and visit Esna and Dendera, exploring the unique architecture and stunning color remnants inside the temples. Archaeological methods and hidden gems are all to be discovered! Part two of a four-part ancient culture series.

Monday • September 27 • 7-8pm • Online • \$20

GLADIATORS AND SECRETS OF THE COLOSSEUM with Marisa Horowitz-Jaffe 

Entertainment during the Roman Empire looked quite different than what we seek in modern times. This program explores who a gladiator actually was (professional vs. slave), how the Colosseum provided a world-renowned stage for these shows, and the various types of gladiatorial spectacle. We explore the architecture of the Roman Colosseum, unearthing its secrets and trap doors, imagining what it must have been like for a gladiator in the arena to face a wild animal from the far reaches of the Roman Empire. We will also trace modern athletics and sports to their roots in Ancient Rome. Part three of a four-part ancient culture series.

Monday • October 4 • 7-8pm • Online • \$20

MASTERPIECES OF THE METROPOLITAN MUSEUM OF ART 

with Marisa Horowitz-Jaffe

The Metropolitan Museum of Art, located in the heart of New York City on 5th Avenue, is a world famous and comprehensive museum known for its stellar art collection. Our virtual tour explores world famous stunning masterpieces, from European paintings to Egyptian monuments to colossal columns, covering thousands of years. The history and founding of the museum is uncovered through vintage photos and behind the scene stories. Join this fascinating tour for a wonderful sense of engagement and passion and view stellar works of art as you are led along with fresh eyes. Part four of a four-part ancient culture series.

Monday • October 18 • 7-8pm • Online • \$20

COLLEGE PREP

-- All classes will meet online --

-- A ZOOM meeting link will be emailed at a later date --

SAT/ACT SUMMER BOOT CAMP with WilsonPrep

This intensive virtual course introduces strategies that apply to both SAT/ACT exams and teaches content normally covered within four weeks of tutoring. This course will jump-start the test prep process, making students better prepared to take an earlier SAT and/or ACT. Students will learn their SAT/ACT strengths and weaknesses and what test to focus on moving forward. SAT/ACT diagnostic exams provided for no extra charge. **Students**

must be in 11th grade to register.

Monday-Thursday • August 23 to August 26 • 6:30-9:05pm • Online
\$200 (\$10 course binder fee, to be picked up the week before 8/23) • Limit 20 students

INTRODUCTORY PSAT/SAT PREP COURSE with WilsonPrep

This virtual course introduces students to PSAT/SAT format and strategies. Although a beginner course, it can be taken in conjunction with PSAT Summer Boot Camp. Because PSAT and SAT strategies are the same, this course prepares students for both exams.

Students must be in 11th grade to register.

5 Tuesdays • September 14 to October 12 • 6:30-8:35pm • Online
\$400 (\$25 materials fee) • Limit 20 students

ACT PREP COURSE with WilsonPrep

This virtual course introduces students to ACT format and strategies. This course is intended for beginners, however; it can be taken in conjunction with the PSAT Summer Boot Camp. **Students must be in 11th grade to register.**

7 Tuesdays • October 19 to December 7 (no class 11/23) • 6:30-8:35pm • Online
\$560 (\$25 materials fee) • Limit 20 students

ADVANCED SAT PREP with WilsonPrep

This course is meant as a continuation course. It is recommended that students have taken the Summer Boot Camp or PSAT/SAT introductory course before taking this course.

Students must be in 11th grade to register.

6 Tuesdays • October 19 to November 30 (no class 11/23) • 6:30-8:35pm • Online
\$480 (\$25 materials fee) • Limit 20 students

ACT WINTER INTRODUCTORY COURSE PREP with WilsonPrep

This virtual course introduces students to ACT format and strategies and is meant as a beginner course. **Students must be in 11th grade to register.**

5 Tuesdays • January 11 to February 8 • 6:30-8:35pm • Online
\$400 (\$25 materials fee) • Limit 20 students

SAT WINTER INTRODUCTORY PREP COURSE with WilsonPrep

This virtual course introduces students to SAT format and strategies and is meant as a beginner course. **Students must be in 11th grade to register.**

7 Tuesdays • January 18 to March 8 (no class 2/21) • 6:30-8:35pm • Online
\$560 (\$25 materials fee) • Limit 20 students

CULINARY

-- A ZOOM meeting link will be emailed at a later date for online classes --

A NIGHT IN ITALY with Amy Rosen



Spend the evening with Chef Amy Rosen making a delicious Italian dinner that you can easily make at home. Chicken Saltimbocca, Polenta Fries and Stuffed Broccolini Stromboli are on the menu.

Tuesday • December 7 • 7-8:30pm • HGHS, Cafeteria
\$30 (\$10 materials fee) • Limit 12 students

BBQ/SMOKING 101 with Alan Elsner

Grilling and barbecuing/smoking are terms that are used interchangeably, but they're not the same thing. Learn the differences and all of the tools and techniques to produce great BBQ. Topics include: Types of BBQs/Smokers, fuels, fire starting and maintaining temperature, meats, and sauces. You will learn the mechanics of smoking, and the

preparation of various meats.

Thursday • September 30 • 7-9pm • HGHS, L-215 • \$30

CHICKEN 3 WAYS with Amy Rosen 

Bored of your weekly meals at home, join Chef Amy Rosen and learn how to make exciting and delicious homestyle chicken dinners for your family. Amy will guide you in the preparation and cooking of Chicken prepared 3 different ways. Wedding Chicken, Chicken Roulades and Citrus Chicken are on the menu.

Wednesday • October 20 • 7-8:30pm • HGHS, Cafeteria
\$30 (\$10 materials fee) • Limit 12 students

PLANT POWERED, FUN & EASY with Elisa Bremner RDN

An introduction to the health benefits of plant-based eating (all eating styles welcome!), a demonstration of 3 simple recipes to get started, and resources available for anyone looking to increase the amount of vegetables in their diet. Recipe and shopping list will be provided in advance so participants can cook along.

Thursday • October 7 • 7-8pm • Online • \$20 • Limit 10 students

UP YOUR THANKSGIVING SIDE DISH GAME with Amy Rosen 

Join Chef Amy Rosen in a hands-on class making three different side dishes to compliment your Thanksgiving Turkey. Dishes will include a Sweet Potato Pie with crumble pecan brown sugar topping, Roasted Fall Root Vegetables and Corn Bread Stuffing.

Wednesday • November 3 • 7-8:30pm • HGHS, Cafeteria
\$30 (\$10 materials fee) • Limit 12 students

WARM UP TO SOUP THIS FALL with Amy Rosen 

Join Amy to make three memorable fall soups to keep you and your family warm. Roasted Chicken and Swiss Chard, Butternut Squash Soup and Turkey Chili are on the menu.

Tuesday • September 28 • 7-8:30 pm • HGHS, Cafeteria
\$30 (\$10 materials fee) • Limit 12 students

WHERE'S THE BEEF? EXPANDING IDEAS ABOUT PROTEIN 

with Elisa Bremner RDN

Protein is all the rage, but how much do you really need and what are the best sources? A Registered Dietitian provides the ins and outs of the many options out there, as well as quick and easy protein-focused recipes. Cook along with Elisa as she demonstrates Veggie Burgers, one of the recipes that you will be receiving. A shopping list and recipes will be emailed in advance.

Thursday • October 14 • 7-8pm • Online • \$20 • Limit 10 students

EXERCISE

CARDIO-STRENGTH with Michelle Sacurato

This class will incorporate low-impact cardio intervals with weights or your own body weight to build strength, get lean and toned, and develop coordination and balance. Floor work, abdominal exercises and stretching will be included. All levels are welcome! Exercise mat and weights required.

10 Mondays • September 20 to November 29 (no class 10/11) • 7-8pm
HGHS, Fitness Center • \$150

INTRODUCTION TO THE ALEXANDER TECHNIQUE with Karla Booth

The Alexander Technique has been used for over 100 years by actors, musicians, doctors, and athletes interested in learning how to change movement patterns and habits contribute to stress and tension in the body. This series of 6 classes will be an introduction to F. M. Alexander, the person and his unique approach to changing postural habits that can be applied to any activity: walking, sitting, standing, playing an instrument, singing, brushing your teeth, playing the violin, or sitting at the computer. This method gives us a better understanding of how to move in a way that is integrated and easy and to help us understand the incredible design of the body/mind connection. Learn how to find more ease and fluidity in your daily life.

6 Wednesdays • October 13 to November 17 • 6-7pm • HGHS, Library • \$150

~~**PICKLEBALL: Beginner Series** with Manny Boya~~

~~Pickleball is a racket sport created for all ages and skill levels. The game combines elements of badminton, tennis, and ping-pong; players use solid wooden paddles to hit a whiffle ball over a net to score points. Students will learn all aspects of this game, including rules and strategy from an International Pickleball Teaching Association Level 2 instructor. Whether you're a beginner or an advanced racket sport athlete, this course will offer lots of practice time along with individual and doubles games. Paddle required, wear sneakers and comfortable attire.~~

~~Section A: 6 Tuesdays • September 21 to October 26 • 7-9pm • SBMS*, Gym
\$175 • Limit 20 students~~

~~Section B: 6 Tuesdays • November 2 to December 7 • 7-9pm • SBMS*, Gym
\$175 • Limit 20 students~~

~~Section C: 6 Thursdays • September 30 to November 4 • 7-9pm • SBMS*, Gym
\$175 • Limit 20 students~~

PILATES with Michelle Sacurato

Pilates is an excellent method for improving core strength, alignment, flexibility, and mind-body awareness--these are essential components of movement and function to protect a healthy back. Rev up the workout by using a weighted ring for added resistance to the core, and more. Pilates ring and mat needed.

10 Wednesdays • September 22 to December 1 (no class 11/24) • 7-8pm
HGHS, Fitness Center • \$150

POUND ROCK OUT WORKOUT with Suzi Myers Tipa

POUND is a great way to burn calories and bang out your stress, too! POUND is a 45-minute group fitness class that combines cardio and strength training with drumming to achieve a full-body workout. Using lightly weighted Ripstix™ drumsticks, you can expect to burn between 500-900 calories per class and perform over 15,000 reps per session! Ripstix can be ordered at www.poundfit.com. You will need a yoga mat or towel to work on.

8 Tuesdays • September 21 to November 9 • 7-7:45 • HGHS, Fitness Center • \$120

SMALL-GROUP PERSONAL TRAINING with Denise Weber

This multifaceted class will contain all of the benefits of working with a certified personal trainer/group fitness instructor while exploring different modalities of training to help you achieve your fitness goals. Using traditional dumbbells and weight training techniques, cardio intervals and circuit training, the workouts will vary from week to week to help you get fit and have fun in a class. It will keep you coming back for more week after week! Some experience with weights would be helpful. Please bring a yoga/exercise mat, water bottle and small fitness ball to class.

Section A: 10 Tuesdays • September 21 to November 23 • 6:30-7:30pm
HGHS, Fitness Center • \$150 • Limit 10 students

Section B: 10 Tuesdays • September 21 to November 23 • 7:30-8:30pm
HGHS, Fitness Center • \$150 • Limit 10 students

TRX STRENGTH TRAINING with Michelle Saccurato

Developed in the field by U.S. Navy Seals, TRX training is a full-body strength workout that utilizes a person's own body weight instead of relying on machines or dumbbells. TRX is designed to improve your balance, endurance, flexibility, and core strength. This class is appropriate for all fitness levels.

10 Wednesdays • September 22 to December 1 (no class 11/24) • 6:15-7pm
HGHS, Fitness Center • \$135 • Limit 12 students

VINYASA YOGA with Kathryn Ward

Vinyasa yoga, based on the practice of K. Pattabi Jois, is a practice where postures often flow from one to the next. The class will start with the standing postures, go to seated postures and finally to some reclining postures. This is a multi-level class, so all are welcome. The first couple of weeks will be focused on those who are beginning yoga or are coming back after a gap so that we can establish proper form and core postures. As we proceed through the 10 weeks, the practice will become more vigorous, but modifications for all levels will be offered. As always, you will be encouraged to listen to your own body and to find your edge, but not go beyond that edge.

10 Mondays • September 27 to December 6 (no class 10/11) • 7-8:15pm
HGHS, TBD \$160 • Limit 12 students

FINANCE

-- A ZOOM meeting link will be emailed at a later date for online classes --

FINANCIAL PREPARATIONS FOR SELLING YOUR HOME & MOVING



with Scott Turner, Steven Klimaszeski and Usha Subramaniam

Selling your home and moving can be one of the most stressful times in your life. Join Certified Financial Planners, Scott Turner and Steven Klimaszewski along with Real Estate Broker, Usha Subramaniam to discuss the steps you can take to maximize the value of your home, get your financial life organized so that you take advantage of the tax breaks available to homeowners during a sale and make smart decisions regarding the cash-out of the equity in your home.

Tuesday • September 28 • 7:30-8:30pm • HGHS, L-217 • \$20

INVESTMENTS/FINANCIAL PLANNING FOR WOMEN with Ann Herrero

Women make terrific investors. They are as financially literate as men are, but studies suggest that their confidence sometimes lags behind. Assess your attitude toward your finances and boost your financial confidence to be a smarter investor. How do I select a Financial Advisor? What questions should I ask in my meetings and financial reviews with my advisor? How do I build and diversify my portfolio on my own? What are the elements of a financial plan? Join us for a lively discussion and bring your own questions to discuss. Learn about modern portfolio theory and how you can use it to achieve peace of mind and financial security.

Wednesday • October 20 • 5-7pm • Online • \$30 (Free for Chappaqua Seniors)

LONG-TERM CARE INSURANCE: What You Need to Know with James Relyea

Over the past 10-15 years, the interest in long-term care insurance has risen dramatically. This course is designed to answer questions and acquaint students with the basic types and features of long-term care insurance policies. It will give students insights into the current state of the long-term care insurance industry, the factors affecting insurability and premium pricing, the most common policy designs, the steps in the underwriting

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process, and key questions to ask when considering the purchase of long-term care insurance.

Thursday • October 14 • 7-8:30pm • HGHS, L-217 • \$30 (Free for Chappaqua Seniors)

MEDICARE 101 with Jim Farnham

Are you currently enrolled in Medicare? Will you be turning 65 over the next year or two? Learn about eligibility, how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare what services are covered/ not covered under Medicare Parts A, B, C and D. Detail the costs associated with medical and drug insurance. Explore and evaluate Original Medicare, Medicare Supplement Insurance, Prescription Drug Plans and Medicare Advantage Plans. This program will simplify the choices you need to make, help you make more well-informed decisions and explain what Medicare means for you! This is an educational event.

Thursday • October 7 • 6-8pm • Free (registration required) • Online

Saturday • November 6 • 10am-12pm • Free (registration required) • Online

RETIREMENT PLANNING TODAY with Scott Turner and Steven Klimaszewski

The strategies that you used to accumulate money are very different than the strategies that you will use to make sure your money lasts throughout your retirement. Come learn how you can create the retirement plan that you want based on the following:

- Defining your goals for a successful retirement
- Learning the basics of financial planning and what strategies will combat inflation and taxes
- How to allocate your investments based on your anticipated spending
- How to avoid investing too conservatively
- How to determine your insurance needs and what estate planning techniques and documents you need for the distribution and management of your estate

3 Wednesdays • October 6 to October 20 • 7-9:30pm • HGHS, iLab • \$50
(optional workbook available for purchase (\$30) at first class)

UNDERSTANDING THE CURRENT ESTATE TAX AND ASSET PROTECTION LAWS: How the administration may change the playing field with Neil Lubarsky

If you have not updated your estate plan to keep pace with changes to the estate tax laws, you may end up paying far more than necessary. Do you want to avoid estate taxes legally and prevent nursing home costs from depleting your family assets? Do you want to know what the new administration may do? Are you concerned about your estate being diverted to a child's spouse? Do you want to minimize probate costs and delays for your heirs? In this workshop, attorney, Neil Lubarsky will explain how to pass assets to children free of estate tax, protect your home and other assets from future nursing home costs, ensure that money intended for your children and grandchildren does not pass inadvertently to in-laws and others, and avoid problems from arising when your will is probated.

Monday • October 4 • 7-8:30pm • HGHS, L-216 • \$30 (Free for Chappaqua Seniors)

WHAT HAPPENS WHEN SOMEONE DIES WITHOUT A WILL?

with Sara Meyers

Less than half of Americans currently have a Last Will and Testament. Join Westchester elder law attorney Sara E. Meyers, Esq. for an educational program explaining the importance of this key estate planning document, regardless of age! Ms. Meyers will review the probate process and demystify common misconceptions. Learn why executing a Last Will is crucial, particularly in a COVID-19 world, as well as what happens to your estate when you die without one in place.

Tuesday • November 16 • 7-8:30pm • HGHS, L-217 • \$30 (Free for Chappaqua Seniors)

WHAT IS A POWER OF ATTORNEY AND WHY DO I NEED ONE?

with Sara Meyers

Not all powers of attorney are created equal. Join elder law attorney Sara Meyers, Esq., to learn what you need to know about this important document. Understand the power of attorney, the benefits of broad gifting power, and why having a power of attorney in place now is more important than ever to ensure your financial matters are taken care of should the need arise.

Tuesday • October 19 • 7-8:30pm • HGHS, L-217 • \$30 (Free for Chappaqua Seniors)

GAMES AND FUN

-- A ZOOM meeting link will be emailed at a later date for online classes --

BRIDGE FOR BEGINNERS with Mike McNamara

Bridge has seen an increase in popularity as tens of thousands of players are playing every day from home online. This course is for players who have never played bridge or who are returning to bridge after a long absence. Students will play online so that they get actual experience playing bridge. Now is the perfect time to learn to play so that you will be ready to play live when the bridge clubs reopen.

10 Thursdays • September 30 to December 16 (no class 11/11, 11/25)
6-7pm • Online • \$200

BRIDGE: Beginner Plus with Mike McNamara

Beginner Plus is a continuation of Beginner Bridge and is designed for students who have taken a beginner bridge course or who have experience playing bridge. This course we will begin with an initial review of the topics from Beginner Bridge. Then, we will discuss how to enter the bidding once the opponents have bid, the responses of NT and 2-level responses, as well as play and defense techniques.

10 Thursdays • September 30 to December 16 (no class 11/11, 11/25)
7:15-8:15pm • Online • \$200

CANASTA: Beginner's Series with Lori Greene

This six-week course gives an introductory overview of the rules and strategy to playing Canasta, a form of rummy using two full decks of cards. Through open and supervised games, students learn the art of playing and have fun while doing it. At the end of the series students will feel confident in their abilities to play a game with friends or on their own.

Section A: 6 Mondays • September 20 to November 1 (no class 10/11)
7-9pm • HGHS, L-217 • \$150 • Limit 12 students

Section B: 6 Mondays • November 8 to December 13
7-9pm • HGHS, L-217 • \$150 • Limit 12 students

CANASTA: Strategy and Special Hands with Lori Greene

Learn strategies and tips to bring your Canasta game to a higher level and play to win. Topics will include Special Hands, Signaling your Partner, Aces, Sevens and Wild Cards. Tips for playing on the *Canasta Junction App*. Note: Students must know how to play canasta or have taken *Canasta Beginner's Series*.

Section A: Thursday • September 30 • 7-9pm • HGHS, L-217 • \$30 • Limit 12 students

Section B: Thursday • November 4 • 7-9pm • HGHS, L-217 • \$30 • Limit 12 students

HOCUS POCUS MAGIC with Dave Ferst

This eight-week course will teach students basic principles in sleight of hand magic and is open to all levels, previous students are welcome. Learn misdirection, timing, and how magic works from world-renowned magician/ mentalist/memoirist MagicDave. At course

Chappaqua Continuing Education

completion, you will have knowledge of card, coin, mind reading, puzzle and impromptu tricks, and will be able to entertain your friends and family using magic!

8 Mondays • September 20 to November 15 (no class 10/11) • 7-8:30pm
HGHS, L-215 • \$150

MAH JONGG: Beginner's Series with Katie Goldberg

Bam! Crack! Dot! Learn this fascinating ancient game of skill and luck. The instructor breaks down the layers of the game into an easy, fun challenge. Loved for generations by all ages, mah jongg is a great way to get together with friends and keep your mind stimulated while having fun. Students are required to purchase a current year NMJL mah jongg card, which is available from the National Mah Jongg League online or from the instructor at first class.

6 Tuesdays • September 21 to October 26 • 7-9pm • HGHS, iLab
\$150 • Limit 12 students

MAH JONGG: Supervised Play with Katie Goldberg

Take your Mah Jongg game to a higher level! Learn scoring and betting, winning and defensive strategies, and different styles of playing the hand. Students must know how to play Mah Jongg or have taken a beginner course. All levels welcome. The current National Mah Jongg League Card will be available for purchase from the instructor, if needed. As always, prizes for the winners!

6 Tuesdays • November 9 to December 14 • 7-9pm • HGHS, iLab
\$150 • Limit 12 students

GARDEN AND HOME

-- A ZOOM meeting link will be emailed at a later date for online classes --

AUTUMN IN THE GARDEN with Deborah Taft

The growing season isn't over yet! There are still things you can plant, yes - even in September. Some will be ready for harvest before the snow falls and some will spend all winter in the ground. We'll talk about these crops, especially detailed information about growing garlic, season extension strategies and what you should be doing to put your garden to bed for the cold months to give yourself an excellent start in the spring.

Monday • September 20 • HGHS, L-216 • 7-8:30pm • Online • \$30

DESIGN A WINTER WREATH with Deborah Taft

Learn to make a wreath with a variety of locally sourced evergreens and accent plants like boxwood and holly. You'll learn the basics of working with metal wreath forms as well as simply adorning pre-made grape vine wreaths. As time and interest permits, we can also cover garland, swags, table runners, and/or centerpieces, all made with the same materials. Leave with at least one completed wreath.

Monday • November 29 • 7-8:30pm • HGHS, Cafeteria
\$30 (\$12 materials fee) • Limit 10 students

PREP & STAGE YOUR HOME TO SELL with Mary Ann Bayer and Vivien Levy
Would you like to sell your home more quickly...and at top dollar? Then stage it! Staging is the process of preparing your house, so it appeals to the highest number of potential buyers, thereby selling it more swiftly and for more money. This class will offer tips and help you decide what needs to be done to prepare your home for today's market.

Tuesday • October 26 • 7-8:30pm • Online • \$30 (Free for Chappaqua Seniors)

HOBBIES

-- A ZOOM meeting link will be emailed at a later date for online classes --

CIVILIZATIONS COLLIDE: China's Quest for Primacy in the 21st Century

with Jim Levey

Since the victory of Mao Tse Tung in 1949, China has been on a path to regain its primacy and restore its dignity within the world order. Mao's successor Deng Xiao Ping rebuked communism and embraced free enterprise to enable China to ascend economically. China's rise since then has been nothing less than spectacular, lifting over a billion people out of poverty to rival the U.S. today as a superpower. During this time, American leadership believed China's economic success would lead to an open and liberal domestic policy. Nothing could be further from the truth. The advent of Xi Jinping in 2012 proved China to be an assertive and aggressive superpower with an agenda derived from the early days of Mao. This course will present a comprehensive view of China's quest to redefine the world order in the twenty-first century and offer a blueprint for U.S. foreign policy to offset China's threat.

6 Mondays • September 20 to November 1 (no class 10/11) • 6:30-7:45pm
Online • \$120

COMEDY WRITING: Let's Get Funny! with Rich Mintzer

Here's your chance to flex your funny bone and create something funny. From a standup comedy routine to jokes for the next family event, from funny stories to enhance business presentations to a humor book, comedy is always welcome as a stress release in these tough times. In this class, we'll talk about what makes something funny, how to write humor, and for those who dare get up in front of others to perform, how to survive on stage. We will also discuss how to get your humor published. So...let's get FUNNY!

3 Thursdays • October 28 to November 18 (no class 11/11) • 7-8:30pm
HGHS, L-216 • \$75 • Limit 8 students

WRITING YOUR FIRST BOOK with Rich Mintzer

The New York Times once wrote that 81% of people want to write a book. Truth is, only a small percentage will ever actually complete such an endeavor. Whether you have a brilliant idea for a whodunit or want to start working on your autobiography, this class will help you put pen to paper in a friendly, supportive environment providing the motivation you need to catapult your work off the pages of your notebook. We will discuss the entire book process; from deciding on a topic, honing characters (if you are writing fiction) and developing an outline and table of contents, to working your way through a manuscript, one chapter at a time. We will also discuss editing, research, rewrites and how to take your book to market via agents or self-publishing options. Whether you are writing a memoir, non-fiction book, novel or children's book, this course provides a place to begin the process.

4 Thursdays • September 30 to October 21 • 7-8:30pm • HGHS, L-216
\$90 • Limit 8 students

PHOTOGRAPHY / TECHNOLOGY

-- A ZOOM meeting link will be emailed at a later date for online classes --

A COMPLETE GUIDE TO BUYING AND SELLING ON EBAY

with Peter Silverman

This comprehensive course will help beginners and knowledgeable eBuyers alike. Learn to set up eBay and PayPal accounts, navigate the system and understand how to participate in both buying and selling. Learn how to search through all of the millions of items for sale for exactly what you want, save custom searches, maintain a “watch” list and favorite sellers. Learn the tips, tricks and traps of on-line auctions so you can avoid mistakes and spot great deals. Learn to create your own auction listings including how to describe and price your items, post photos, determine shipping costs, create restrictions, and get paid. Learn about the importance of timing your listing, getting and giving feedback and how to communicate with buyers.

3 Thursdays • October 7 to October 21 • 7-9pm • HGHS, Studio 6 • \$70

IPHONE PHOTOGRAPHY: Use your iPhone Camera to its Full Potential

with Deborah Tual

Get the best results from your iPhone and take better photos by knowing the basics: settings, techniques, lighting, focusing, exposure and composition. Improve your photography by knowing how to use and control your iPhone camera.

Wednesday • September 22 • 6:30-8:30pm • Online • \$30

PHOTOGRAPHY: DSLR Camera Features & Settings: Beyond Auto Mode

with Deborah Tual

This course explores the key DSLR camera features and settings, so you learn how and when to use them and take the camera off Auto. Learn about the shooting, focusing and metering modes, as well as depth of field, motion blur/ freeze/pan, exposure compensation, histograms, and bracketing. Skill-building exercises will get you up and off your chair to develop your skills with aperture, shutter speed, and ISO. Bonus material provided between sessions. Sharing images and discussions are part of every session.

Camera Types: DSLR only (no point-and-shoot)

3 Tuesdays • November 9 to November 30 (no class 11/23) • 6:30-8:30pm
HGHS, Studio 6 • \$90

PHOTOGRAPHY: People and Places

with Deborah Tual

Learn how to see the world like a professional photographer - the dos and don'ts of photographing your family and friends and techniques to capture the beauty and unique aspects of the places in your travels.

Tuesday • October 12 • 8-9pm • Online • \$20

PHOTOGRAPHY: The Art of Composition

with Deborah Tual

This class will introduce the artistic aspects of photography. Learn how to see a subject in different ways and create better images with confidence and creativity using elements of composition like symmetry, lines, shapes, perspective, depth, and dimension, as well as color and more.

Tuesday • October 12 • 6:30-7:30pm • Online • \$20

WORLD LANGUAGES

-- A ZOOM meeting link will be emailed at a later date for online classes --

FRENCH FOR BEGINNERS with Monique Salnikow

This course is for those who have no or some previous French study. Emphasis will be on everyday vocabulary and simple use of verbs. Come learn the basics of grammar and idiomatic expressions in an atmosphere designed to develop your confidence.

12 Wednesdays • September 22 to December 15 (no class 11/24) • 5:30-7pm
Online • \$250 (\$135 for Chappaqua Seniors)

FRENCH INTERMEDIATE with Monique Salnikow

Acquire the ability to speak French along with the correct accent in a congenial atmosphere. This course is for those with some knowledge of the language who prefer to strengthen the basics before moving ahead. Each session is customized around the student's aptitudes and knowledge. This is a highly focused, enriching course with an emphasis on communication.

12 Wednesdays • September 22 to December 15 (no class 11/24) • 7:15-9:15pm
Online • \$300 (\$150 for Chappaqua Seniors)

FRENCH ADVANCED CONVERSATION with Monique Salnikow

Fine-tune your French with a native speaker - almost as good as going to Paris! This course is intended for students with a good knowledge of French who would like to improve their conversation and understanding of idiomatic expressions, pronunciation, and vocabulary skills. The course emphasizes being able to converse in French with relative ease on any number of topics.

12 Tuesdays • September 21 to December 7 • 7-9pm
Online • \$300 (\$150 for Chappaqua Seniors)

ITALIAN FOR BEGINNERS with Victoria Buzzetto



Students will learn the basics necessary to develop an appreciation for the language and its structure including pronunciation of Italian vowels, consonants and vocabulary. Each week will focus on a different theme. Topics will include simple introductions and brief conversations, numbers, days of the week, telling time, weather, meal ordering, colors, clothes, etc. Each student will also learn to read short passages, dialogues, and stories with relative ease. Authentic materials and Italian songs will be incorporated to enhance the weekly lessons.

10 Tuesdays • September 21 to November 23 • 6:30-8pm
HGHS, L-216 • \$225 (\$125 for Chappaqua Seniors)

INTRODUCTION TO JAPANESE with Mami Fujisaki

This course introduces modern Japanese for those with no or little previous Japanese study. The spoken language is emphasized through basic vocabulary, grammar and sentence structures lesson and interactive dialogues. Hiragana (Japanese alphabet) and some Kanji (Chinese characters) will be introduced for reading short texts and writing short paragraphs. Elements of Japanese culture will be introduced in class.

10 Mondays • September 20 to November 29 (no class 10/11) • 5:50-6:50pm
Online • \$200 (\$100 for Chappaqua Seniors)

BEGINNING JAPANESE with Mami Fujisaki



This course is for students with a previous background in the language and/or those who took *Introduction to Japanese*. In this course, students build the foundations for understanding, speaking, reading, and writing the language. The spoken language is emphasized through grammar and vocabulary lessons, interactive dialogues and writing

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short journals in Japanese. Required Text: Kodansha's *Hiragana Workbook*.

10 Mondays • September 20 to November 29 (no class 10/11) • 7-8pm
Online • \$200 (\$100 for Chappaqua Seniors)

SPANISH FOR TRUE BEGINNERS with Isabel Irizarry

Spanish for True Beginners is a blended learning experience with both synchronous and asynchronous experiences to ensure that students are able to practice all modes--speaking, listening, reading and writing. Zoom sessions will meet as a whole class and students can reinforce concepts on assigned work as their schedule permits. Familiarity with Google Slides is a plus.

12 Mondays • September 20 to December 13 (no class 10/11) • 6-7pm
Online • \$225 (\$125 for Chappaqua Seniors)

SPANISH INTERMEDIATE with Diana Walker

This course is intended for students who have already had some experience studying and speaking Spanish and would like to increase fluency. Students will give short presentations and conduct dialogues in real situations. Present and past tenses are covered. Prerequisite: Spanish for Beginners or equivalent.

12 Wednesdays • September 22 to December 15 (no class 11/24) • 7-8pm
Online • \$225 (\$125 for Chappaqua Seniors)

SPANISH ADVANCED with Diana Walker

This course focuses on enhancing the oral, writing and comprehension skills by reading Spanish articles and books. Students also improve their Spanish speaking ability through active class discussion and presentations. Past, conditional, and future tenses are covered. Prerequisite: Spanish Intermediate or equivalent.

12 Wednesdays • September 22 to December 15 (no class 11/24) • 6-7pm
Online • \$225 (\$125 for Chappaqua Seniors)

ABOUT THE INSTRUCTORS

SUE ALTMAN is a former high school art teacher who now teaches continuing education courses on art and art history at many venues including Westchester Community College, The Learning Collaborative in Rockland County and others. You can learn more about Sue at www.artworkslectures.com.

MARY ANN BAYER is a licensed real estate agent, REALTOR, and accredited staging professional. Mary Ann has represented both sellers and buyers for more than 10 years with the Chappaqua office of Houlihan Lawrence.

KARLA BOOTH, AmSAT is a Senior Teacher of the Alexander Technique, Teacher for the Institute for Music and Health and Yoga Instructor with many years of experience practicing and teaching various forms of meditation.

MANNY BOYA is a IPTPA (International Pickleball Teaching Professional Association) Level 2 Certified Pro and USAPA Ambassador for the USA Pickleball Association.

ELISA BREMNER, RDN has spent 15 years empowering people of all ages and abilities to make healthful choices, with fruits and vegetables a primary focus. Through Arc, she teaches disabled adults' skills for planning and cooking produce-rich meals. On the JCCA campus, she encourages students and staff to "make half your plate vegetables" through workshops, consultations, and demos. Elisa holds a BS in Communication from Cornell University and an MS in Nutrition Education from Teachers College.

VICTORIA (VICKY) BUZZETTO teaches all levels of Italian at Fox Lane High School. She has more than 20 years of experience teaching both high school and adult

education programs. Although Vicky was born in New York, she completed most of her high school education at Liceo Scientifico P. Farinati, Enna (province of Sicily) where she lived for 4 years. Thanks to this unique and unforgettable experience, Vicky is truly a native speaker in both languages. Vicky holds a degree from Iona College with an M.A. in Italian Literature.

LINDA CERRONE is a local artist with 38 years of professional experience in a wide variety of mediums. She has studied at UArts, SUNY Purchase, The Bronx Botanical Gardens and the Lasdon Arboretum. Linda is a naturalist and botanical artist with an expertise in regional flora and fauna. She currently creates work in graphite, pen and ink, watercolor, charcoal, and acrylic, and has been sharing her love of art and nature by teaching for 20 years.

ALAN ELSNER is a certified BBQ Judge and a former Pitmaster at award-winning Delaney BBQ and BrisketTown in Brooklyn, NY. He also is a lover of all things meat.

JIM FARNHAM, MBA, MS has traveled the U.S. and Canada as a professional speaker and author. He has over twenty years of experience in insurance, financial services, retirement planning, and strategies for income distribution during retirement.

DAVID “Magic Dave” FERST is a world-renowned magician/mentalists/memorist who has been performing since the age of six. He is a top consultant in the magic field teaching sleight of hand to some of the world’s finest entertainers. He also performs for many charities such as Memorial Sloan Kettering, St. Jude’s Children’s Hospital, Orange Grove Medical Center, National Leukemia/Lymphoma Association, and many others.

MAMI FUJISAKI was born, raised and educated in Tokyo, Japan. She has taught college level Japanese at NYU and Cooper Union. Mami created the Japanese program and taught at Horace Mann where she was Department Chair of World Languages for 6 years.

KATIE GOLDBERG is a classically trained fine artist residing in Mt. Kisco. She holds a B.F.A. from Alfred University and teaches mixed-media art classes throughout Westchester.

LORI GREENE has been teaching canasta privately for the last three years. She is passionate about the game and particularly loves how her groups have continued playing long after their lessons have ended. Lori previously worked as a vice president of human resources in investment banking and has held various part-time and volunteer positions.

ANN HERRERO, CFP®, CTFA, CDFATM is a financial planner with over 25 years of experience in the financial industry including fixed income trading, private banking and trust accounts. She is a Certified Financial Planning™ Professional, a Certified Trust and Financial Advisor, and a Certified Divorce Financial Analyst. She has an M.B.A. in finance and portfolio management from Pace University and is past president of the Financial Planning Association of the Greater Hudson Valley.

ISABEL IRIZARRY grew up speaking Spanish and living in different parts of the Spanish-speaking world including Spain, Colombia and Puerto Rico. She is currently a teacher at Horace Greeley High School and is excited to rejoin the Continuing Ed program. Isabel enjoys creating engaging, meaningful experiences using authentic material.

MARISSA HOROWITZ-JAFFE has been teaching, studying, and living ancient history for over 25 years. Her background includes double bachelor’s degrees in Egyptology and Roman Archaeology from The University of Michigan, and a master’s degree from Harvard University in Art and Museum Education. She spent two decades working in elite NYC art museum education departments. Currently, she is teaching online virtual lecture series and virtual museum tours successfully through many outlets. She also offers private VIP tours at The Metropolitan Museum of Art. Please visit

www.MuseumsWithMarisa.com for more information. She lives in lower Westchester with her husband and nine-year-old twin children.

STEVEN KLIMASZEWSKI is a Certified Financial Planner™ Professional and a Certified Fund Specialist with over 25 years of experience in financial services, including two decades of teaching retirement planning classes. Steve specializes in retirement distribution planning for pre-retirees and retirees. He has successfully helped hundreds retire using a segmentation or bucketing methodology to guide asset allocation strategies.

JIM LEVEY, formerly a partner at American China Mercantile and Senior Manager at IBM and Amdocs, holds a Masters in China Studies from St. John's University and has travelled to China extensively on business. He is now lecturing at continuing education centers in the NY metro area and working to introduce China Studies into the public schools' curriculum.

VIVIEN LEVY is a professional stager who helps Westchester-based realtors and homeowners prepare properties for sale.

NEIL LUBARSKY, Esq. is a Harvard Law graduate who also possesses an L.L.M. (Master of Law Degree) in taxation from NYU. He has been a practicing estate planning and elder law attorney for over 30 years.

MICHAEL McNAMARA has won a bronze medal at the World Bridge Championships as well as several North American Championships. He and his wife own and operate two live bridge clubs, The Bridge Deck in Westchester and Seven No Trump in Stamford, CT. They also are partners in the Alliance Bridge Club, the largest ACBL Virtual online bridge club. They have taught thousands of students to play bridge. They recently released the bridge documentary *ACES & KNAVES*.

SARA MEYERS, Esq. practices exclusively in elder law and has spent the past two decades protecting the rights of New York's senior and disabled populations. She is a member of the firm of Enea, Scanlan & Sirignano, LLP in White Plains and concentrates her practice on elder law, estate planning, special needs planning, guardianships, and long-term care planning strategies, with a focus on Medicaid home care and nursing home. Ms. Meyers has been named to the 2013-2019 New York Metro Super Lawyers list in Elder Law.

RICH MINTZER, an author and ghostwriter for nearly 30 years, has penned over 80 books and taught writing classes in Manhattan and at Westchester Community College. He has also done speaking engagements on writing a book throughout Westchester over the past 8 years.

GINNY POLEMAN is a graduate of Cornell University, a trained docent for the Municipal Art Society's official Grand Central Terminal tour, as well as a trained educational guide for 4th- through 12th-graders at Manhattan's largest art museum. Additionally, she offers private tours for her own company, NYC Encounters, covering New York City Art, Architecture, and History. You can follow her on Instagram (@Art_Encounters) and Facebook (@NYC.Encounters).

JAMES RELYEA is an independent consultant in life and long-term care insurance, Certified Financial Planner (CFP), Certified Insurance Consultant (CIC), and Certified Long-Term Care Specialist (CLTC).

AMY ROSEN is a cooking instructor with 10 years experience. She is a homestyle cook who has created delicious dishes her entire life. In addition to her cooking classes for adults, she runs the cooking program for Next Level Camp for the past 5 summers. To learn more about Amy, visit her website www.amyrosencookingbydesign.com.

MICHELLE SACCURATO has taught exercise classes for over 20 years. Her philosophy is, "Exercise at any age to increase your quality of life. Keep moving and breathing!" Her qualifications include a B.S. and M.S. in math special education, a Pilates

mat certification, and she is an AFAA certified group fitness instructor and senior fitness study student.

MONIQUE N. SALNIKOW was born and educated in France and has been conducting French classes for over twenty years.

PETER SILVERMAN is a tech-savvy, business professional with over 35 years of experience in various technology and communication industries as well as over 20 years of eBay experience. Peter and his wife have been antiques dealers for over 30 years, leveraging Peter's eBay skills since 1999 to buy and sell many of their vintage items. Peter is a seasoned veteran of the entire eBay experience who knows the ins and outs of the system and has had a great deal of success not only using eBay personally but in helping others to take advantage of the buying and selling power that eBay offers.

USHA SUBRAMANIAM is a Licensed Associate Broker brings buyers and sellers together, carefully listening to them and understanding their needs. Usha is a lifelong resident of Chappaqua. She attended Chappaqua's schools, graduated from GHHS, and is now a respected member of the community raising her two children in Chappaqua.

DEBORAH TAFT is the owner of Mobius Fields, a small-scale mixed vegetable farm in Westchester. She uses organic methods enhanced by biodynamic and nutrient dense growing practices. Mobius Fields can be found on Saturdays during the growing season at the John Jay Homestead Farm Market and the Tarrytown and Sleepy Hollow Farmers Market. Deb is a founding board member of the Westchester Growers Alliance.

SUZI MYERS TIPPA studied acting at the Lee Strasberg Theatre Institute and improv at Chicago City Limits in NYC. She has taught Latin and international dance and Zumba for SUNY Purchase. She is co-founder and company manager for World Dance Theatre, a not-for-profit professional dance company dedicated to the promotion of cross-cultural understanding through the arts. She currently performs with World Dance Theatre and with Pat Cannon's Foot and Fiddle Dance Company.

DEBORAH TUAL is a professional photographer with over 25 years of experience. Her North Stamford studio specializes in portrait photography (business, family, children) and event photography. Deborah is a certified professional photographer and an approved business instructor through the Professional Photographers of America.

SCOTT M. TURNER has been in the financial services business for over 20 years. He specializes in financial consulting for individuals, families, and small businesses with an emphasis on asset management and retirement planning. Scott is a CFP®, Certified Financial Planner™ Professional, and a Fellow of the Society of Actuaries. He is one of fewer than 50 people nationwide who have both designations.

DIANA WALKER is a native Spanish speaker from Argentina. This accomplished, creative and energetic teacher challenges students by creating unique instructional programs tailored to specific needs. Diana has taught at Rippowam Cisqua and Hackley and continues to tutor students and teach classes in Westchester.

KATHRYN WARD has been practicing yoga for more than 20 years and started teaching it in 2015. She sees yoga as a path to connecting body and mind and as an important tool for cultivating mindfulness in daily life.

DENISE WEBER is a fitness professional with over 30 years of experience and multiple certifications. She loves to use fitness to improve the quality of life for her clients and students.

WilsonPrep courses teach all the strategies and skills necessary for testing success. For the past 20 years, WilsonPrep tutors have been motivating students with their dynamic lessons and easy-to-remember, fun strategies. It is WilsonPrep's passion to see students succeed. Students in all courses will receive weekly homework assignments, the WilsonPrep online prep program and opportunities to take practice exams.

REGISTRATION

Make check payable to the **Chappaqua Central School District** and mail to:

Chappaqua Continuing Education | HGHS
70 Roaring Brook Road
Chappaqua, NY 10514

Medical professionals should be consulted prior to commencing any health or fitness related activity. By submitting this registration form, I acknowledge that the registered participant has no existing physical condition that would prevent him/her from safely participating in the enrolled activity. Participation in these activities is voluntary. I understand the risks involved in the activities and accept full responsibility. I agree to release and discharge the Chappaqua Central School District, the Chappaqua Continuing Education Program, its officers and employees from responsibility, liability or claims for any injuries or damages arising from participation in this Continuing Education Program. CCE does not assume responsibility for property loss or personal injury.

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Course _____ **Section (if applicable)** _____

Name _____ **Birth date** _____

Address _____ **Telephone** _____

Town _____ **Zip** _____

Email _____ (Important for enrollment verification and cancellation notification.)

Course Fee \$ _____

Are you a resident of Chappaqua Central School District? Y N

CHAPPAQUA SENIOR CITIZENS ONLY:

Chappaqua Senior Citizen # _____

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Course _____ **Section (if applicable)** _____

Name _____ **Birth date** _____

Address _____ **Telephone** _____

Town _____ **Zip** _____

Email _____ (Important for enrollment verification and cancellation notification.)

Course Fee \$ _____

Are you a resident of Chappaqua Central School District? Y N

CHAPPAQUA SENIOR CITIZENS ONLY:

Chappaqua Senior Citizen # _____